This shoe is panacea for different kinds of lower extremities diseases and rather a way to prevent that disease i.e.

Varicosities

Edema

Arthritis lower back pain
And orthostatic hypo tension
All kind of other immune
disease that they need
physiotherapy
Economy class syndrome
means developing DVT in
long flights

Or any other reason,
Old age
Cancer
Bone fractures
Bed ridden due to any reason
i.e. hospitalizations
Familial blood factor disease
Osteoporosis
And so on.

Other benefits:
Loosing weight,
Exercise that does not need time dedication,

YOUR FEET IS YOUR SECOUND HEART

THE ONLY DIFRRENCE BETWIN YOUR TWO HEARTS IS

THAT YOUR FIRST HAERT HAS A PACEMAKER BIULDIN

BUT YOUR SECOUND HEART DOSE NOT HAVE A PACEMAKER

AND YOU HAVE TO VOULENTEELY PUMPED ITS MUSCLES.

AND ANYTHING THAT YOU HAVE TO VOLENTEERLY DO

IS SUBGET TO HUMAN ERROR LIKE FORGETING

FOR EXAMPLE IF YOU HAVE TO BREATHE OR PUMP YOUR HAERT

IN THE NEXT FEW PAGES I TEACH YOU FEW FACTS ABOUT YOUR LOWER EXTERMITIES THAT IS VITAL FOUR EVERYBODY WANTS TO LIVE AHEALTHY LONG LIFE

I WILL TRY TO WRITE IN LAY LANGUAGE UNLESS THER IS NO LAY WORD FOR IT

FIRST

LOWER EXTEMITIES IS COMPOSE OF MUSCLE AND BONES AND NERVESE AND VESSELES

VENUS SYSTEM IN LOWER EXTERMITY HAVE TO DRAIN THE BLOOD TO THE LUNGS AND HEART FOR OXYGENATION

AGAINST THE GRAVITY.

FOR THISE RESON EVOLUSION OR AS I BELEVE GOD CEREATED VENOUS VALVES THAT THEY ACT AS AN ONE WAY VALVE. IN THEM

SECOUND
MUSCLES IN LOWER EX THE ONLY FORSE
THAT PUSH THE BLOOD AGAINST THE
GRAVITY.AND PREVENTS BLOOD FROM
POOLING STASIS AND CLOTING FOR THAT
RESONS

TEBBY SHOSE IS LIFTING THE ODYNE CURSE FROM YOUR SECOUND HEART.

AII THE FACTS ABOUT VENOUS SYSTEM IS TRU ABOUT, LYMPHATIC SYSTEM, IN PATICULAR VALVES AND THE NESSESITY OF MUSCLES PUMPS.

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NO EXTERA TIME NEEDED TO USE TEBBY SHOSE

VOLENTEERLY .IF YOU FORGET YOUR HEART WILL STOP.

ODYNE CURSE

There is a Greek myth about an angry God that was cursed name odyne.

The curse was,

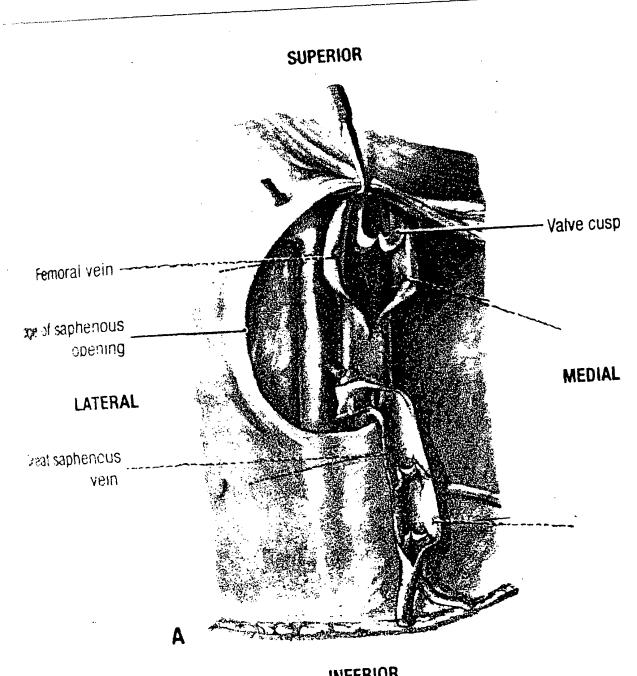
He is only was able to breathe voluntarily so when he forget to breathe or when ever he falls asleep he would die.

I CREATED SHOSE THAT MAKES YOUR SECOUND HEART TO PUMP AUTOMATICLY AND SUBCONSIOUSLY.

Enjoying house chores simultaneously working out, Bones mass maintenances, (that normally needs pisoelectic effect meaning calcium will seat in bones that without weight bearing exercises will not happen enough for healthy bones

And more

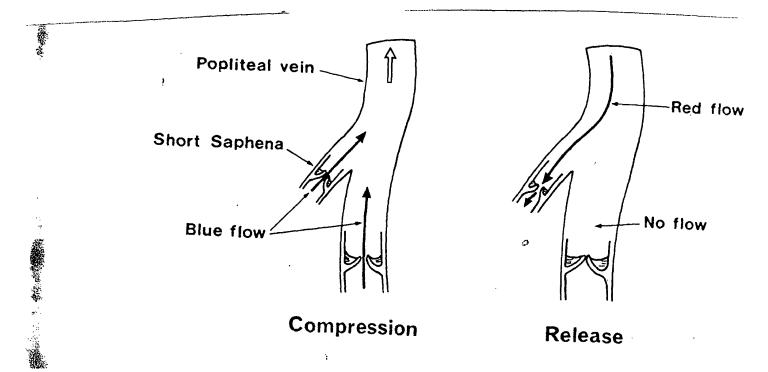
This picture clearly has depicted lower extremities valves in dissected section.



INFERIOR

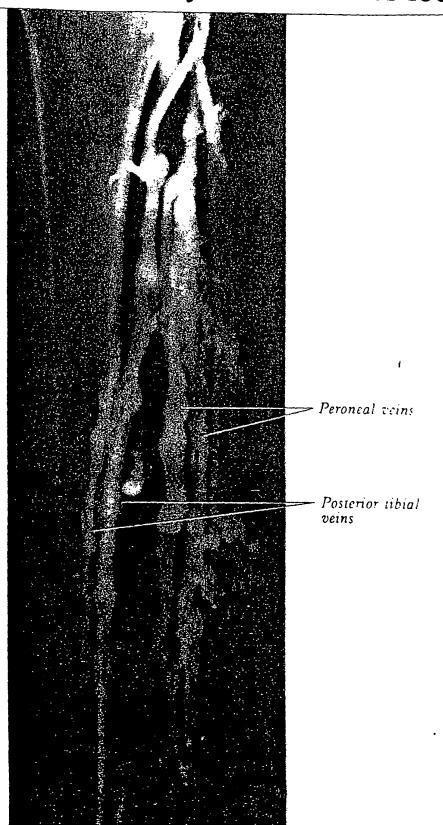
Iliac Anterior superior iliac spine cres – Inguinal ligament lliotibial tract Compelesity of lower extermities musculatures. lliotibial tract -Patella Patella Head of fibula Patellar . ligament Patellar ligament Head of fibula Shaft of tibia Tendo-calcaneus (Achilles tendon) Lateral nalleolus . Medial malleolus Lateral malleolus Calcaneus

Valves that are located in bifurcations of veins.

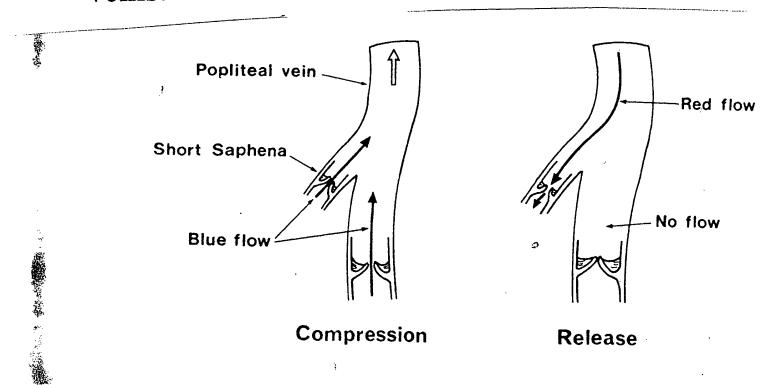


In this picture that is imaging study of the musculature of the lower extremities called venogram.

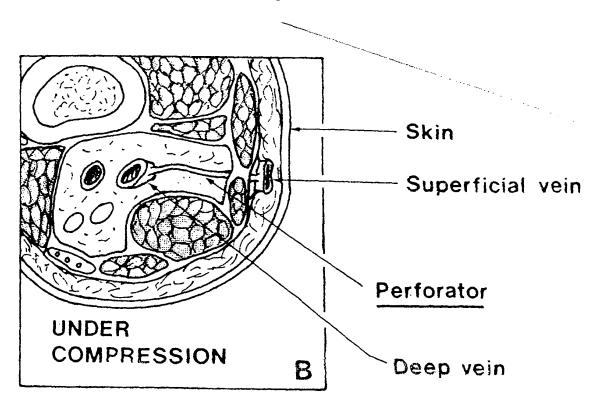
You clearly see the valves locations.



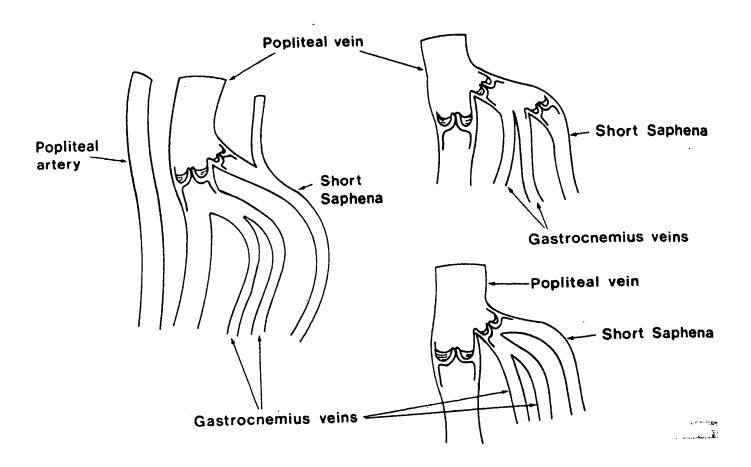
Valves that are located in bifurcations of veins.

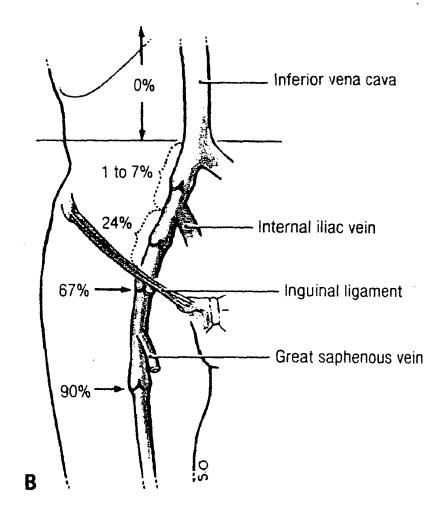


In this picture you see veins in cross section of the lower extremity between the musculature layers.



Valves that are located in bifurcations of veins.





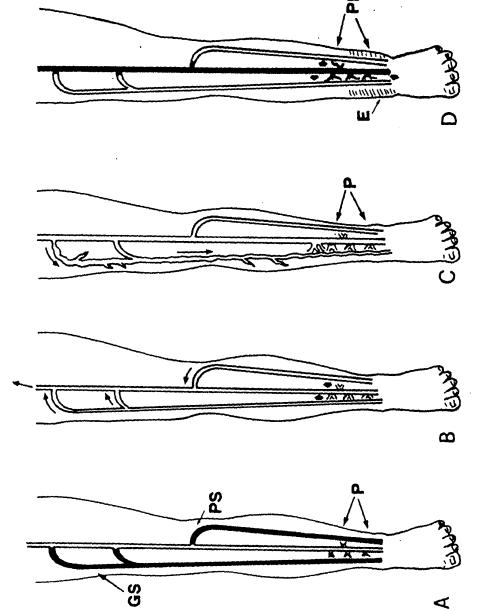
Valves of proximal part of femoral and great saphenous veins, anterior views

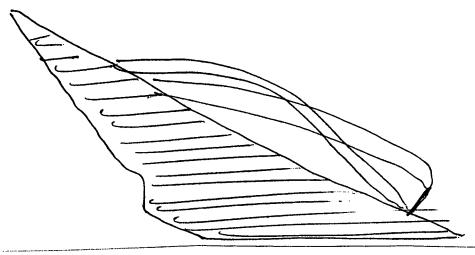
A. Structure of valves. The valve is usually composed of two cusps and permits be flow toward the heart, but not in the reverse direction. **B.** Percentage incidence of valves between the proximal femoral vein and inferior vena cava.

venous return during exercise. The posterior system; P, perforators; PI, superficial to the deep system and promotes venous return from the em becomes varicose (C). In initial efficacy of the calf muscle pump is walking (B) and abnormalities during exercise (C, D). Pressure in the only slightly elevated. If the valves ing exercise if the valves are competent. The action of the muscles superficial veins is decreased dur-FIGURE 96.1 Normal venous physi competence of the distal commulow from superficial to deep and superficial venous incompetence ncompetent, the superficial sysof the deep system are incompenicating veins maintains venous ent and the distal valves in the eading to edema, swelling, and toward the heart (B). When the renous hypertension develops, eventually to ulceration (D). GS, essentially maintained and the ambulatory venous pressure is greater saphenous system; PS, superficial proximal valves are ology during standing (A) and communicating veins are also to the central proximal veins ncompetent, severe chronic

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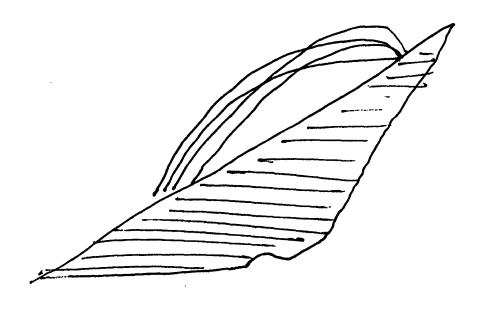
perforator incompetence.



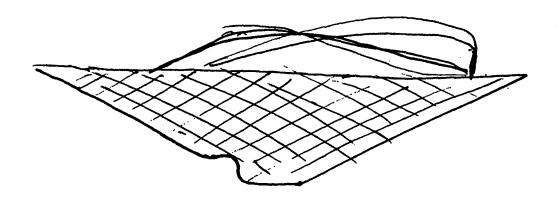


Swan walking; By walking on front part of your foot name metatarsal you are working your,

gasterinimous muscle and gluteus minimums and gluteus maximums, quadrıceps muscle And pumping the blood against the gravity Three form of walking by health shoes.



Heel walking:
By walking on your heel your will
stretch your gastronomes muscles
plus hamstrings
And pumping you blood against the
gravity



Normal walking:
By walking on unstable flat form
you working on
your skill for walking,
balancing
and contracting all groups of your
lower extremities and

Pumping the blood against the gravity